Between meals is always good idea to treat your stomach with something that will keep it boosted. Living a healthy life leads to healthful snack of course and here are 22 of them.
Excellent and delicious taste.

1. If you want to impress someone put on your table Garlic toast crackers with Prosciutto and Mozzarella.
2. They contain feta, hummus and peppers – Mediterranean Cucumber Roll Ups
3. Leave the usual chips and consume Backed Zucchini Chips
4. You love pizza don't you? Cauliflower Crust Mini Pizzas right thing for you
5. Take your yogurt and freeze it, put some fruits inside also.
6. Cottage cheese – the right bomb of proteins for you
7. Peanut Butter Honey – the sweatiest thing alive
8. Cucumber with herb cream and cherry tomatoes – amazing and simple
9. Trail mix of your own choice
10. Take olive oil and slice some carrots, bake those for 10 minutes.
11. Butternut chips
12. Cheerios and peanut butter bars -- extremely good.
13. Fresh shrimps mixed with herbs in rice pepper with mint flavor – Vietnamese spring rolls
14. Dried apple chips – believe me there is no need for words.
15. Make some banana butter bites or maybe chocolate ones or almond – it's your choice
16. Make crispy sandwiches form granola, apple and add of course peanut butter.
17. Popcorn are our favorite snacks. Add butter and some spice. Enjoy your movies.
18. Make yourself toast with avocado. Add some egg maybe, it tastes delicious.
19. Avocado can be used also with boiled eggs, quick solution of hunger.
20. It is time for new twists, consume ants on a log
21. Another protein bomb on the way. Greek Yogurt with ranch veggie dip.
22. As last if you want something that can be mixed with every single meal take Quick Pico de Gallo – you won't regret.

http://www.healthyfoodstar.com/it-was-hard-to-snack-healthy-until-i-learned-these-22-delicious-metabolism-boosting-ideas/